BREAKFAST

## **APRIL 2025**

Burns Science and Technology Charter School k-8



Pid you know?

At breakfast, we are required to offer four items. Students are required to take 3 of the 4 items, one of those must be a serving of a fruit to be counted as reimbursable. We encourage students to take all items offered.

Components:

- 1-2-ounce equivalent servings of bread/grain
- <sup>1</sup>/<sub>2</sub> cup serving of fruit
- <sup>1</sup>/<sub>2</sub> cup serving of 100% juice
- Milk

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